
M A S S A G E S

RANCHO SANTA FE | 50 min \$135 | 80 min \$185

Relax and unwind with a tranquil massage designed to release stress in the body and the mind. Experience long nourishing strokes from scalp to toes aimed to alleviate tension and increase circulation.

DEEP DISCOVERY | 50 min \$145 | 80 min \$195

Recover and restore tired, overworked muscles with this therapeutic deep tissue massage. This treatment incorporates focused, deep work to reduce muscle tension and inflammation, increase flexibility and range of motion.

CHAKRA BALANCING | 80 min \$195

This harmonic treatment uses the transformational power of 7 vibrational oils to improve the flow of energy within each Chakra, attuning the mind, body and spirit. Experience this healing journey, comprised of intentional fluid strokes, progressing through each energy center with customized pressure to release physical and emotional toxins, soothe stress and anxiety, and enliven the spirit. Includes a set of Chakra healing stones as a take home gift.

THE RANCHER | 80 min \$185

Restore your physical and mental well-being with a therapeutic massage, specifically tailored for men, designed to take the weight off your shoulders & align your posture. This full-body massage targets joint blockages and muscular tension in the neck, shoulders and upper back, including a detoxifying back mask and stimulating scalp massage to soothe tension and improve circulation.

THE INN-TUITIVE | 80 min \$185

Indulge your senses with an aromatic herbal oil blend designed to relax, calm and balance the mind, body and spirit. This healing and tranquil treatment, specifically designed for women, includes a masterful blend of healing hands, warm stone back massage, hand and foot reflexology, plus an acupressure point face massage to create the perfect path to bliss.

PREGNANCY MASSAGE | 50 min \$140 | 80 min \$190

Soothe and connect with a gentle massage designed to relieve back pain, reduce inflammation, improve sleep, and decrease stress. This nurturing treatment incorporates professional body-support cushions to maximize comfort, safety and tranquility. Appropriate for 2nd & 3rd stages of pregnancy.

ESSENCE OF THE INN | 2 hr \$355

Experience the essence of tranquility at The Inn as you journey through a 2-hour revitalizing massage. Your tour begins with a hydrating honey back mask & massage, designed to unwind muscle fibers. Next stop, warm stones are applied to the back to melt away tension and transport you to a state of relaxation. Therapeutic cups are used to detoxify and mobilize your tissues and increase circulation. Your journey continues with a full body massage, including hand and foot reflexology, an aromatic scalp treatment and an acupressure point face massage. Balance your mind, body and spirit with this healing ritual.

B O D Y T R E A T M E N T S

RANCH & GROVE BODY SCRUB | 50 min \$135 | 80 min \$185

This exfoliating and hydrating treatment revives and reveals your skin's own natural beauty. Our organic blend of aromatherapy oils and pure cane sugar will gently buff and smooth away dry dull skin. A luxurious application of rich moisturizing body butter will leave you refreshed and glowing. Extend to an 80 minute service to experience a full body Swedish massage.

F A C I A L S

STARLET FACIAL | 50 min \$135 | 80 min \$185

A truly rejuvenating and luscious experience that combines powerful anti-aging serums with a mesmerizing massage, perfect for all skin types. The antioxidant power of green tea and Vitamin C soothe the skin while combating UV damage and premature aging. Every step of the treatment rejuvenates the soul with our signature soothing massage. The 80 minute version includes an extended massage of the hands, feet and scalp.

COUNTRY A'PEEL | 50 min \$155

An intermediate peel, this is the perfect starting point or booster to a skin lightening treatment. This facial includes a fermented pumpkin-enzyme exfoliation packed with Vitamin A, a brightening serum, Vitamin C, and anti-aging botanicals, resulting in a luminous and vibrant complexion. Avoid sun exposure for 24 hours following treatment.

THE SWEETEST THING | 50 min \$165 | 80 min \$215

Nourish and restore your sensitive skin with blended oils and customized masks tailored to treat your specific skincare needs. An aromatherapy head, neck and shoulder massage accompanies this hydrating treatment.

NOSTALGIA | 80 min \$190

This luxuriously powerful treatment combines organics with cosmeceutical grade ingredients to deliver cell renewal and nourishment to the skin. An oxygen infused mask, skin firming peptides, and microcurrent technology will help to minimize fine lines, build collagen and elastin, and restore skin's radiance.

N A I L S

HERBAL MANICURE -or- PEDICURE | \$55 - \$70

True beauty lies in simplicity. This aromatic manicure and pedicure begin with a meticulous nail grooming, followed by a relaxing hand or foot massage using therapeutic essential oils and the perfect polish or natural buff. This is a great choice for both men and women alike. Shellac manicures also available.

COUNTRY ELEGANCE PEDICURE | \$80

Indulge your senses with this pampering treatment for the feet and legs. Experience a relaxing foot soak and exfoliating foot scrub followed by a warm paraffin treatment. This pampering treatment is complete with detailed nail grooming, and your choice of polish or natural buff.

To extend the life of your manicure, shellac options are available.

E N H A N C E M E N T S

EUCALYPTUS SINUS RELIEF | \$35

Experience the stimulating and expansive properties of Eucalyptus oil accompanied by a stress relieving neck, shoulder, and face acupressure massage. Designed to alleviate sinus pressure and inspire new breath, this treatment is perfect for anyone who suffers from sinus congestion, headaches, and stress.

EXFOLIATING FOOT SCRUB | \$35

Incorporate your soles with this exfoliating treatment designed to increase circulation while hydrating and healing your overworked feet. Customize your service with choice of: sugar, salt, or coffee scrub, and aromatherapy.

ORANGE GROVE HAIR & SCALP TREATMENT | \$35

Soothing, aromatic scalp massage with warm clementine oil will bring healthy shine and luster to your hair.

CUPPING MASSAGE | \$35 (within session) | \$80 (25 min extension/stand-alone)

Detoxify and relieve pain with negative pressure and suction. These cups are applied to specific areas along the body to reduce muscle adhesions and promote circulation.

CANNABLISS CBD BALM | \$35

Combat pain and inflammation with this healing plant-based balm. Perfect addition to reduce tension, alleviate stress, and enhance recovery.

COPPER TUB HERBAL SOAK | \$35

Bask in the healing properties of our copper tub, designed to promote relaxation, detoxify the body, and increase joint flexibility. This truly pampering treatment is intended to be enjoyed in addition to your massage or facial. Feel revitalized and renewed as you soak in an antioxidant rich blend of aromas, herbs, and spices.

WARM STONES | \$35

Melt away stress and tension with the addition of warm stones designed to soften tissues and promote circulation.

REFLEXOLOGY | \$80 (25 min extension/stand-alone)

Revitalize your overworked feet with a soothing foot massage using organic CBD balm to target specific pressure points and facilitate lasting relief.

NUFACE LIFTING TREATMENT | \$35

Microcurrent technology provides immediate lifting results, perfect for a night out.

OXYGEN TREATMENT | \$45

Boosts collagen production, reduces fine lines and wrinkles, improves the skin's elasticity, and reduces redness.

EYE TREATMENT | \$35

Revitalize tired eyes with a gentle exfoliation and decadent masque designed to reduce puffiness, brighten skin tone, treat fine lines and wrinkles.

LIP TREATMENT | \$35

Exfoliate and hydrate dry, chapped lips. Boost collagen with plumping masque.

Y O G A

YOGA | \$15

Nourish your body and spirit with a balancing yoga class suitable for all levels.

UNCORK & UNWIND | \$40

A joyful journey of tasting and relaxation. Unwind through the body and mind with this grounded yoga class complete with hand selected wine pairings.

Private & group classes are available upon request.

I N F O R M A T I O N

SPA RESERVATIONS & CANCELLATIONS

To speak with a spa coordinator and create your perfect spa experience, please call 858.381.8255. We ask that all cancellations and appointment changes be made by 5:00pm the day prior to your scheduled service. A cancellation charge of fifty percent of the treatment cost will be processed for late cancellations.

SPA ARRIVAL

We ask that you arrive at least 10 minutes prior to your service so you can shower and change into your robe and sandals. To ensure that all guests receive their full treatment, late arrivals will end at the scheduled time.

GRATUITIES

For your convenience, an adjustable 20% service charge is automatically applied to all services. This fee will cover gratuities for all staff who serve you during your treatment and can be adjusted based on the service you experienced.

SPA FACILITIES

We provide shower and vanity amenities for your convenience. We have indoor and outdoor co-ed lounges for you to enjoy before and after your treatments. Complimentary access to the Inn's private pool, Jacuzzi and fitness area.
